



2026 Summer Games
Powerlifting
Results sheet for
PL Female Benchpress
Final



Division: 1	Delegation	Score	Place
Harden, Jolynne	Leeward Jaguars	71.33	1st
Taylor, Julia	Honokaa Hawks	61.26	2nd
Division: 2	Delegation	Score	Place
Higashi, Kayla	Kona	109.15	1st
Mareko, Taioalo	Iron Warriors	100.88	2nd
Alameida, Whitney	Honokaa Hawks	62.58	3rd
Notter, Jasmine	Honokaa Hawks	54.74	4th



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Results sheet for
PL Female Combination (Bench and Deadlift)
Final



Division: 1	Delegation	Score	Place
Notter, Jasmine	Honokaa Hawks	233.18	1st



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Powerlifting

Results sheet for

PL Female Combination (Bench, Deadlift & Squat)



Final

Division: 1	Delegation	Score	Place
Harden, Jolynne	Leeward Jaguars	290.81	1st
Taylor, Julia	Honokaa Hawks	220.53	2nd
Division: 2	Delegation	Score	Place
Mareko, Taioalo	Iron Warriors	469.48	1st
Higashi, Kayla	Kona	441.37	2nd
Alameida, Whitney	Honokaa Hawks	271.21	3rd



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Division: 1	Delegation	Score	Place
Harden, Jolynne	Leeward Jaguars	126.20	1st
Taylor, Julia	Honokaa Hawks	104.14	2nd
Division: 2	Delegation	Score	Place
Mareko, Taioalo	Iron Warriors	232.80	1st
Higashi, Kayla	Kona	199.33	2nd
Notter, Jasmine	Honokaa Hawks	168.44	3rd
Alameida, Whitney	Honokaa Hawks	158.55	4th



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Results sheet for
PL Female Squat
Final



Division: 1	Delegation	Score	Place
Harden, Jolynne	Leeward Jaguars	105.77	1st
Taylor, Julia	Honokaa Hawks	73.24	2nd
Division: 2	Delegation	Score	Place
Higashi, Kayla	Kona	124.69	1st
Mareko, Taioalo	Iron Warriors	107.09	2nd
Alameida, Whitney	Honokaa Hawks	42.19	3rd



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PL Male Brenchpress
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Division: 1	Delegation	Score	Place
Barnum, Fredrick	Kona	81.80	1st
Kalnins, Ethan	Kona	46.54	2nd
Francis, Matthew	Honokaa Hawks	36.75	3rd
Division: 2	Delegation	Score	Place
Cassise, Cory	Kona	79.11	1st
Lehano, Shawn	Kona	66.39	2nd
Carnate, Jeremiah	Leeward Jaguars	64.23	3rd
Sabri, Dara	Kona	52.28	4th
Villafuerte Jr, Greg	Honokaa Hawks	48.63	5th
Division: 3	Delegation	Score	Place
Sims, Bryan	Leeward Jaguars	89.65	1st
Lamb, Tyler	Ducks	74.43	2nd
Conley, Sean	Honokaa Hawks	45.29	3rd
Guerrero, Shallen	Honokaa Hawks	37.13	4th
Division: 4	Delegation	Score	Place
Guinan, Ryan	Ducks	44.31	1st
Tonda, Henneson	Ducks	38.92	2nd
Division: 5	Delegation	Score	Place
Wong, Quentin	Kona	95.27	1st
Trim, Zachary	Kona	76.99	2nd
Lee, Derek	Ducks	62.78	3rd
Hee, Maika'i	Ducks	57.77	4th
Division: 6	Delegation	Score	Place
Landgraf, Channing	Iron Warriors	62.94	1st
Clark, James	Iron Warriors	57.66	2nd
Webb, Robert	Maui	-1.00	
Division: 7	Delegation	Score	Place
Tremaine, Christian	Kona	126.08	1st
Rita, Harrison	Kauai Storm	65.73	2nd
Tibayan, Kendrick	Iron Warriors	64.28	3rd
Crowell, Joseph	Ducks	35.83	4th



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Division: 1	Delegation	Score	Place
Barnum, Fredrick	Kona	238.21	1st
Kalnins, Ethan	Kona	158.94	2nd
Francis, Matthew	Honokaa Hawks	107.31	3rd
Division: 2	Delegation	Score	Place
Crowell, Joseph	Ducks	153.57	1st
Division: 3	Delegation	Score	Place
Guerrero, Shallen	Honokaa Hawks	181.75	1st



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Division: 2	Delegation	Score	Place
Cassise, Cory	Kona	412.55	1st
Lehano, Shawn	Kona	334.57	2nd
Carnate, Jeremiah	Leeward Jaguars	316.98	3rd
Sabri, Dara	Kona	299.72	4th
Villafuerte Jr, Greg	Honokaa Hawks	265.61	5th
Division: 3	Delegation	Score	Place
Sims, Bryan	Leeward Jaguars	469.91	1st
Conley, Sean	Honokaa Hawks	270.97	2nd
Division: 4	Delegation	Score	Place
Guinan, Ryan	Ducks	324.86	1st
Tonda, Henneson	Ducks	296.47	2nd
Division: 5	Delegation	Score	Place
Wong, Quentin	Kona	639.10	1st
Trim, Zachary	Kona	553.38	2nd
Hee, Maika'i	Ducks	415.60	3rd
Lee, Derek	Ducks	346.72	4th
Division: 6	Delegation	Score	Place
Landgraf, Channing	Iron Warriors	512.50	1st
Clark, James	Iron Warriors	434.97	2nd
Webb, Robert	Maui	266.24	3rd
Division: 7	Delegation	Score	Place
Tremaine, Christian	Kona	515.79	1st
Tibayan, Kendrick	Iron Warriors	505.06	2nd
Rita, Harrison	Kauai Storm	479.19	3rd



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Division: 1	Delegation	Score	Place
Barnum, Fredrick	Kona	167.83	1st
Kalnins, Ethan	Kona	104.45	2nd
Francis, Matthew	Honokaa Hawks	67.07	3rd
Division: 2	Delegation	Score	Place
Cassise, Cory	Kona	210.40	1st
Lehano, Shawn	Kona	135.42	2nd
Sabri, Dara	Kona	135.08	3rd
Villafuerte Jr, Greg	Honokaa Hawks	132.80	4th
Carnate, Jeremiah	Leeward Jaguars	132.41	5th
Division: 3	Delegation	Score	Place
Sims, Bryan	Leeward Jaguars	201.39	1st
Conley, Sean	Honokaa Hawks	141.05	2nd
Guerrero, Shallen	Honokaa Hawks	132.52	3rd
Division: 4	Delegation	Score	Place
Tonda, Henneson	Ducks	153.59	1st
Guinan, Ryan	Ducks	129.31	2nd
Division: 5	Delegation	Score	Place
Wong, Quentin	Kona	279.04	1st
Trim, Zachary	Kona	243.60	2nd
Hee, Maika'i	Ducks	201.59	3rd
Lee, Derek	Ducks	141.70	4th
Division: 6	Delegation	Score	Place
Landgraf, Channing	Iron Warriors	225.84	1st
Clark, James	Iron Warriors	204.17	2nd
Webb, Robert	Maui	101.29	3rd
Division: 7	Delegation	Score	Place
Tremaine, Christian	Kona	270.64	1st
Tibayan, Kendrick	Iron Warriors	190.74	2nd
Rita, Harrison	Kauai Storm	183.87	3rd
Crowell, Joseph	Ducks	105.22	4th



2026 Summer Games
Powerlifting
Results sheet for
PL Male Squat
Final



Division: 3	Delegation	Score	Place
Lehano, Shawn	Kona	111.52	1st
Cassise, Cory	Kona	111.38	2nd
Carnate, Jeremiah	Leeward Jaguars	108.33	3rd
Sabri, Dara	Kona	101.31	4th
Villafuerte Jr, Greg	Honokaa Hawks	72.44	5th
Division: 4	Delegation	Score	Place
Sims, Bryan	Leeward Jaguars	145.45	1st
Conley, Sean	Honokaa Hawks	66.81	2nd
Division: 5	Delegation	Score	Place
Guinan, Ryan	Ducks	126.16	1st
Tonda, Henneson	Ducks	89.30	2nd
Division: 6	Delegation	Score	Place
Wong, Quentin	Kona	207.03	1st
Trim, Zachary	Kona	183.45	2nd
Hee, Maika'i	Ducks	124.06	3rd
Lee, Derek	Ducks	105.52	4th
Division: 7	Delegation	Score	Place
Landgraf, Channing	Iron Warriors	182.41	1st
Clark, James	Iron Warriors	136.11	2nd
Webb, Robert	Maui	78.13	3rd
Division: 8	Delegation	Score	Place
Tibayan, Kendrick	Iron Warriors	193.42	1st
Rita, Harrison	Kauai Storm	178.30	2nd
Tremaine, Christian	Kona	169.06	3rd