

Let me win,
but if I cannot win,
let me be brave in the attempt.



**2025
SUMMER GAMES
COACHES'
HANDBOOK**

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WELCOME TO THE SPECIAL OLYMPICS HAWAII 2025 STATE SUMMER GAMES!

Aloha Delegates,

Special Olympics Hawaii is excited to welcome you to the 2025 Summer Games. We are proud to once again be on the campuses of the University of Hawaii and Kaiser High School. Our athletes and partners are ready to go for the gold, and represent their teams, delegations, and communities with enthusiasm and pride. We want to thank you, the coaches, for your tireless and selfless work to create these opportunities for the athletes. We hope that this weekend, and these games are just as rewarding to you as they are for the competitors.

This handbook should serve as your first reference point for all aspects of Summer Games. Please take the time to read it over and highlight the areas that pertain to your teams and delegations. You can scan the different QR Codes and digitally see the information for those specific areas. If you still have questions, please see the names and numbers listed below and contact the appropriate SOHI staff member.

On behalf of all the athletes and Unified Partners, thank you for your dedication to Special Olympics Hawaii. The athletes are why we are here, but the coaches and volunteers are how we are here.

Feel free to contact Greg Terhune, SOHI Director of Sports if you have any questions: sohisports@sohawaii.org

-Special Olympics Hawaii

IMPORTANT PHONE NUMBERS & INFO

Medical Coordinator: Cell #	Danny Kao (808) 478-1681
Games Director: Greg's Cell #	Greg Terhune (808) 779-9461
Area Services Director: Nip's Cell #	Nip Ho (Registration) (808) 386-5369
President/ CEO: Dan's Cell #	Dan Epstein (808) 386-5232
Transportation/ Housing: Cindy's Cell #	Cindy Ujimori (808) 386-6357

JOB DESCRIPTION FOR CHAPERONES

Chaperones for any Special Olympics Hawaii tournament/event must accept and carry out the following responsibilities:

1. Chaperones must be at least 18 years of age.
2. Chaperones must provide for the general welfare, safety, health and well-being of each Special Olympics athlete in their charge.
3. Chaperones should be familiar with all the information provided in the coaches handbook.
4. Chaperones are not to leave the athletes after returning to the housing facility in the evening.
5. Chaperones must provide the following specific services to each Special Olympics athlete in their charge:
 - Supervision throughout the entire event, from airport to airport, drop-off to pick-up.
 - Assurance that credentials be worn at all times.
 - Make sure athletes report to their athletic events on time.
 - Assist athletes in getting to meals during scheduled times.
 - Assist athletes in taking advantage of special events and Healthy Athletes.
 - Assist in maximizing the benefits achieved through participation.
 - Provide for the athlete's well-being (i.e. hydration, sunscreen, etc.)
 - Making sure the athletes are assembled at the proper time and place for transportation, events, etc.
6. Absolutely no alcoholic beverages or illegal drugs may be consumed by chaperone, coach or athlete at any time. Violators will immediately be sent home and suspended and/or removed from the program.
7. Smoking, including e-cigarettes and vaping, by athletes, coaches, and chaperones is prohibited.

SPECIAL OLYMPICS COACHES CODE OF CONDUCT

Special Olympics is committed to the highest ideals of sport and expects all coaches to honor sport and Special Olympics. This is the SOI and SOHI Coaches Code of Conduct. Local Delegations and Area Programs may also have Codes of Conduct specific to their program with certain specifications not included below. All Special Olympics coaches agree to observe the following code:

Respect for Others:

I will respect the rights, dignity and worth of athletes, coaches, officials, other volunteers, friends and spectators in Special Olympics.

I will treat everyone equally regardless of sex, ethnic origin, religion or ability.

I will be a positive role model for the athletes I coach.

Ensure a Positive Experience:

I will ensure that for each athlete I coach, the time spent with Special Olympics is a positive experience.

I will respect the talent, developmental stage and goals of each athlete.

I will ensure each athlete competes in events that challenge that athlete's potential and are appropriate to that athlete's ability.

I will be fair, considerate and honest with athletes and communicate with athletes using simple, clear language.

I will ensure that accurate scores are provided for entry of an athlete into any event.

I will instruct each athlete to perform to the best of the athlete's ability at all preliminary competition and finals competition in accordance with the Official Special Olympics Sports Rules.

Act Professionally and Take Responsibility for My Actions:

My language, manner, punctuality, preparation and presentation will demonstrate high standards.

I will display control, respect, dignity and professionalism to all involved in the sport (athletes, coaches, opponents, officials, administrators, parents, spectators, media, etc.).

I will encourage athletes to demonstrate the same qualities.

I will not drink alcohol, smoke, vape, or take illegal drugs while representing Special Olympics at training sessions, during competition, or at any Special Olympics event or function.

I will refrain from any form of personal abuse towards athletes and others, including verbal, physical and emotional abuse.

I will be alert to any form of abuse from other sources directed toward athletes in my care.

Quality Service to the Athletes

I will seek continual improvement through performance evaluation and ongoing coaches' education.

I will be knowledgeable about the Sports Rules and skills of the sport(s) I coach.

I will provide a planned training program.

I will keep copies of the medical, training and competition records for each athlete I coach, and take them to practices and competitions in case of emergency.

I will follow the Special Olympics Hawaii and National Federation/Governing Body rules for my sport(s).

Health and Safety of Athletes

I will ensure that the equipment and facilities are safe to use.

I will ensure that the equipment, rules, training and environment are appropriate for the age and ability of the athletes.

I will review each athlete's medical form and be aware of any limitations on that athlete's participation noted on that form.

I will encourage athletes to seek medical advice when required.

I will maintain the same interest and support toward sick and injured athletes.

I will allow further participation in training and competition only when appropriate.

Violations of the Code of Conduct:

I understand that if I violate this Code of Conduct I will be subject to a range of consequences, up to and including being prohibited from coaching in Special Olympics. Furthermore, I understand that I accept the responsibility for the behavior of the athletes under my supervision.

Should the behaviors and/or attitude of any coach or other faction of the member organization be contrary to the principles, goals, or philosophies of Special Olympics, then one or more of the following steps may be taken by the Games Committee, Sport Officials, or other representatives of Special Olympics Hawaii in an effort to alleviate the situation without further affecting Special Olympic athletes or the competition:

The coach may be notified of the undesirable behavior and requested to remedy the situation for continued participation, **and/or** the coach may be requested to withdraw personally, or as a team or organization, from the remainder of the event or tournament. In the event of extreme or repeated behavior contrary to the best interests of Special Olympics, Special Olympics may:

Prevent the coach, team organization, or specific members of the delegation from participating in any or all Special Olympics events for a specified period of time, **and/or** prevent the coach, team, organization, or specific members of the delegation from participating in Special Olympics indefinitely.

IMPORTANT INFORMATION

Points of Emphasis for 2025:

- Summer Games will utilize three locations: Sand Island Softball Complex (Softball), Kaiser High School (Track and Field), and University of Hawaii (Softball, Swimming and Powerlifting).
- Hospitality for delegates will be provided at Sand Island; in the breezeway at Kaiser High School; and at each venue location at UH.
- Neighbor Island delegates will be housed in the University of Hawaii conference housing (Dorms)
- Some softball Championship games will be played on Saturday night at UH.

Schedule Changes: Please note that sport or event schedules may change due to weather or other unforeseen circumstances. Any changes will be posted and announced.

Registration Reports: Head of Delegations are responsible for reviewing and confirming that their games registration information, sent to them via pdf document from registration chair Nip Ho, is accurate. Please check the following: spelling of names, date of birth, gender, sports/events, and qualifying scores. If there are errors, please contact Nip at program@sohawaii.org before you come to Summer Games, or as soon as the error is discovered.

Scratches: As soon as you know your scratches of athletes or partners, please contact your Area Director. If you can, give them the name badge, which indicates the events from which the athletes/partners are scratching. **Area Directors** – Please provide Nip Ho with scratches as soon as possible. If a scratch occurs during the games, you must inform that event's staging manager as soon as possible.

ID Badges:

Upon check in, if not before, all coaches, chaperones, and athletes will be provided with Games ID Badges. All delegates must have their ID badge with them at all times. Light blue badges for athletes, light green badges for unified partners, and dark green badges for coaches and chaperones.

The badges provide valuable information on each athlete such as name, delegation, events, heats, area, etc. This information may be used for the following purposes: competition, heating, awards, meals, lost athletes, etc. A label will be on the back of an athlete's badge if they have received permission to have a coach accompany them in staging areas.

Lost and Found:

Any items found should be turned into Volunteer Check-In; at UH this will be across from the parking structure, and at Kaiser, this will be at the top of the parking lot, at the entrance to the athletics stadium.

Coaches, chaperones and athletes must have their ID Badge to eat at hospitality or receive a lunch. Coaches, please be sure your athletes always wear their badges, unless they are competing. They will need their badge at Track and Field event staging areas, but will be asked to remove them, or secure under their shirt, prior to competing. If a badge is lost, please go to Volunteer Check-In; at UH this will be across from the parking structure, at Kaiser, this will be at the top of the parking lot, at the entrance to the athletics stadium.

Day Athletes:

Heads of Delegation or coaches must plan to pick up ID badges and other information from Area Directors. Day athletes and coaches will be provided with Saturday lunch and Sunday lunch if these meals were requested on the day athlete registration form.

Application for Participation (Medical) & Release Forms:

It is the coach's responsibility to ensure that current Medical and Release forms for each athlete are on file at the Special Olympics office. Athletes cannot participate without current forms. All coaches and chaperones **must** have a physical copy of their athletes' medical and release forms **with them at all times**. Area Directors must also have copies of their entire delegation.

Information:

Information such as maps, schedules, forms, etc will be available at Volunteer Check-in; at UH this will be across from the parking structure, and at Kaiser, this will be at the top of the parking lot, at the entrance to the athletics stadium

Dressing for the Weather:

Please make sure all athletes are prepared for sun, rain, wind, and both hot and cool temperatures. It is strongly advised that jackets and sweatshirts are kept on hand in the event of bad weather. Athletes should be comfortable and dry throughout the day. Laundry facilities are available at the UH Dorms.

DO NOT FORGET TO BRING AND APPLY SUNBLOCK!!!

First Aid:

There will be medical personnel available at each venue. Should any injuries occur, no matter how minor, please seek medical attention and fill out an incident report. Emergency medical equipment will be on hand for life threatening emergencies. For more information, see our Medical Guidelines on Page 28. Mahalo to American Medical Response for their continued support!

Hydration:

Bottled water will be available at multiple locations throughout the weekend. To avoid dehydration, make sure you and your athletes drink plenty of water throughout the day! Coaches should also have water bottles on hand.

Merchandise Sales:

Summer Games and Special Olympics Hawaii merchandise items will range from T-shirts to other fun Special Olympics items. Merchandise will be available at Volunteer Check-in or competition venues (UH), in the breezeway (Kaiser High School) and at the Victory Dance and Dinner.

Area Director/ Head of Delegation Meetings:

At approx. 8:30 p.m. on Friday night (during the entertainment portion of Opening Ceremonies) all Area Directors and Heads of Delegations (or one representative from each delegation) are asked to meet with the SOHI staff and key personnel in the Les Murakami Stadium Hospitality Room on the 3rd floor. Important information on competition, meals, transportation, schedule changes, etc. will be covered. All questions concerning the Games are welcomed. Please report to the meeting immediately after the Games are declared open. On Saturday night, please find a Special Olympics staff member at the Victory Dance if you have any questions or concerns.

HOUSING

Delegations will be housed in the Frear Hall Dorm at the University of Hawaii.

Front Desk:

Frear Hall Front Desk is open from 9am-9pm to assist with any issues (lockouts, emergencies, lost keys, etc.). When the desk is closed, please contact the On-Call number (808) 620-1014 for EMERGENCY assistance.

Check-in Procedures:

Keys will be given to Area Directors at approx. 2:30pm on Friday. ADs will be responsible for connecting with Pohai (Baseball or Softball Stadium), then distributing keys to coaches and chaperones. Upon arrival to the room, coaches & chaperones must complete a Room Inventory Sheet for EACH room, to ensure items are accounted for.

***Please note that Area Programs will be charged for all missing/damaged items.**

Linen:

Pillow, pillowcase, towel, 2 flat sheets, washcloth, bed pad, and a blanket will be provided in each room.

Check-out Procedures:

Please make sure all linen are folded and left on the bed. Trash must be emptied into the trash chutes (any larger trash items should be taken directly to the dumpsters located in the basement). Room and meal cards must be put back into

the envelope provided and turned into your Area Director by 10am. Area Programs will be responsible for all incidental charges (i.e. lost card keys, missing linen, and damage to rooms).

***Area Directors need to return cards to Pohai bundled and in numerical order by 11am. Unorganized cards will not be accepted.**

Key/Meal Card:

Each participant will be issued a key packet containing a key card and meal card. Please note that there are no room numbers on the cards.

Damaged, broken, or missing keys will result in a \$10.00 replacement fee.

Laundry:

Laundry machines are available on the 2nd, 6th, and 11th floors in Frear Hall. Laundry cards can be purchased on the first floor near the front desk, and you must provide your own detergent.

Basic wash load costing \$2.25 and basic dry costing \$1.75 with additional options available for larger loads.

***Please note there is no detergent available for purchase on campus.**

Luggage:

Luggage is the sole responsibility of each athlete, coach and chaperone. Upon arrival, limited volunteer help will be available at the airport for those requiring extra assistance.

***REMEMBER...DO NOT PACK MEDICATION!! CARRY IT WITH YOU!!!**

Sunday morning:

Designated pick-up spots will be provided at the Head of Delegation meeting on Friday night.

- **UH Athletes:** Must take your luggage to a pre-designated spot outside Frear Hall by 9:00 am. Luggage will be picked up in the morning and transported to a secured area outside Murakami Baseball Stadium.
- **Kaiser Track Athletes** will NOT return to the UH Dorms. Luggage must be taken to Kaiser High School and stored on site.

***Keep items you need on Sunday in a backpack or carry bag.**

PARKING

Overnight Parking:

Overnight parking at UH must be requested in advance, through your AD. There is a charge per pass and limited passes will be available near the dorm. Alternate parking is available at the parking structure.

No overnight parking will be allowed at Kaiser High School.

TRACK & FIELD (ATHLETICS)

Saturday, June 7 & Sunday, June 8

Kaiser High School Track and Baseball Field

Note: Refer to Page 15 for Level III T&F info

Coaches Meeting: Held at Track Staging Tent, Saturday at 9:00 am.

Track & Field Staging:

Athletes check in for all **Track events** at the Staging Area in the Southeast corner of the track. Athletes check in for **Field events** report to the specific staging area for that event located near the competition site. **Shot Put and Softball Throw are located at the lower Baseball Field.** Coaches may be with an athlete in the staging area if the athlete requires assistance and it has been pre-approved by the State office. This will be identified with a label on the back of the athlete's ID badge.

After athletes compete, they will be escorted to either the Track or Field Awards Areas. Coaches will not be allowed to stand on the infield during events except in the designated coaches box/ tent.

1st, 2nd, and 3rd Calls on the Track:

Please be aware of the following announcements for staging events.

1. **First Call - at 15 minutes.** When the first call for an event is made all athletes in the event and age group called must report to the staging area.
2. **Second Call - at 10 minutes.** All athletes called for an event should be seated and ready to go. If an athlete cannot make this call, a representative from the athlete's area or delegation must report the situation to the Staging Official.
3. **Third and Final Call - at 5 minutes.** Five minutes or less before the event officially begins. From the time "third call" is made, there is a five-minute grace period and then staging is closed. Athletes who are not present once their heat has been escorted to the competition area may not be able to participate in this event unless a coach has reported to a Staging Official the reason for the delay, and this has been approved by the Staging Official.

If an athlete is needed to run an event but is in the awards area, please inform the Head Awards Event Staff that the athlete needs to report for the track competition and take them to the event staging area. Their award will be given later. The coach should also inform the staging manager at the event if an athlete is delayed in reporting to staging for any reason.

Track Notes:

1. Any coach/chaperone/volunteer/teammate, etc. running or walking alongside a competing athlete (pacing) will cause the athlete to be disqualified.
2. Coaches will be provided with a Coaches Tent on the infield as well as a Coaching Box by each field event. Coaches need to pick up athletes after awards. Please do not cross the track unless directed by Security.

Lunch: Lunch will be distributed at the Athlete/Coach Hospitality and Lunch Distribution tent in the breezeway area between the stadium and the gymnasium on Sat. and Sun. for all Track & Field athletes and their coaches/ chaperones from approx. 11:30 am – 12:30 pm. You must have your ID badges.

TRACK & FIELD (ATHLETICS) SCHEDULE

Saturday, June 7

Kaiser High School Track and Baseball Field

Note: All Times Are Approximate. Listen for Announcements of 1st, 2nd, and Final Calls.
Check-in 15 minutes prior to event time.

SATURDAY, June 7 (Morning)		
TIME	EVENTS	AGE GROUPS
9:00	Coach's Meeting	Track Staging Tent
9:30	4 x 400 Unified Relay Prelims	All Ages Report
	If you are in a 4 x 4 unified relay, report to track staging first, coach should report to field staging to let them know the athlete is in track staging	
9:30	Running Long Jump Wheelchair Softball Throw Softball Throw Shot Put	30+ Report All Ages Report 22-29 Report 22-29 Report
10:00	800 M Run	All Ages Report
10:15	50 M Dash 50 M Dash 50 M Wheelchair	Future Stars 8-21 Report All Ages Report
10:30	Softball Throw	30+ Report
10:45	100 M Walk Running Long Jump Shot Put	8-21 Report 22-29 Report 30+ Report
11:00	100 M Dash	8-15 Report
11:30	100 M Dash 100 M Wheelchair	16-21 Report All Ages Report
11:45	Lunch Break	

SATURDAY, June 7 CONTINUED (Track & Field)

Note: All Times Are Approximate. Listen for Announcements.

SATURDAY, June 7 (Afternoon)		
TIME	EVENTS	AGE GROUPS
12:30 or as soon as break is over	Softball Throw Running Long Jump	8-15 Report 16-21 Report
12:30	50 M Dash	22+ Report
1:00	100 M Dash	22+ Women Report
1:20	100 M Dash	22+ Men Report
1:30	Shot Put	8-15 Report
1:40	Shot Put	16-21 Report
1:50	400 M Dash	All Ages Report
2:00	100 M Walk	22+ Report
2:00	Running Long Jump	8-15 Report
2:00	Softball Throw	16-21 Report
2:45	4 x 100 M Relay Prelims	Report when team name is called
3:10	4 x 100 M Unified Relay Prelims	Report when team name is called

Notes:

- Alternates must be listed on the alternate sheet and turned in to Nip during the registration process in order to be placed on a relay team. Alternates may only be used for **Preliminary** relays.
- Coaches relay registration sheets are available at Track Staging

TRACK & FIELD (ATHLETICS) SCHEDULE (cont.)

Sunday, June 8

Kaiser High School Track

Note: All Times Are Approximate. Listen for Announcements.

SUNDAY, June 8		
TIME	EVENTS	AGE GROUPS
9:00	1500 M Run Standing Long Jump	All Ages Report 22+ Report
9:10	4 x 400 M Relay Finals 4 x 400 M Unified Relay Finals	All Ages Report Report when team name is called
9:45	Standing Long Jump	8-21 Report
9:50	200 M Dash	22+ Report
10:05	200 M Dash	8-21 Report
10:35	400 M Walk	All Ages Report
11:05	4 x 100 M Relay Finals	Report when team name is called
11:30	4 x 100 M Unified Relay Finals	Report when team name is called
12:00	4 x 100 Coaches Relay	All Report
12:30 pm	Report to Cougar Stadium for Closing Ceremonies	

Notes:

- Final Relay division information will be available at track staging Sunday morning.

LEVEL III WHEELCHAIR AND TRACK AND FIELD

(WHEELCHAIR & DEVELOPMENTAL EVENTS)

SATURDAY, June 7

Kaiser High School Track

9:15 am: Coaches Meeting (AT LEVEL III STAGING TENT)
9:30 am: Check-in
9:45 am: Competition Begins

THROWING/JUMPING EVENTS

All Level III athletes will be staged for the Throwing Events at 9:30am. Athletes will be called and staged for Softball Throw, Tennis Ball Throw, and Mini Javelin then they will transition to Standing Long Jump.

TRACK EVENTS will begin after field awards have been given out and after the 800 meter run is completed.

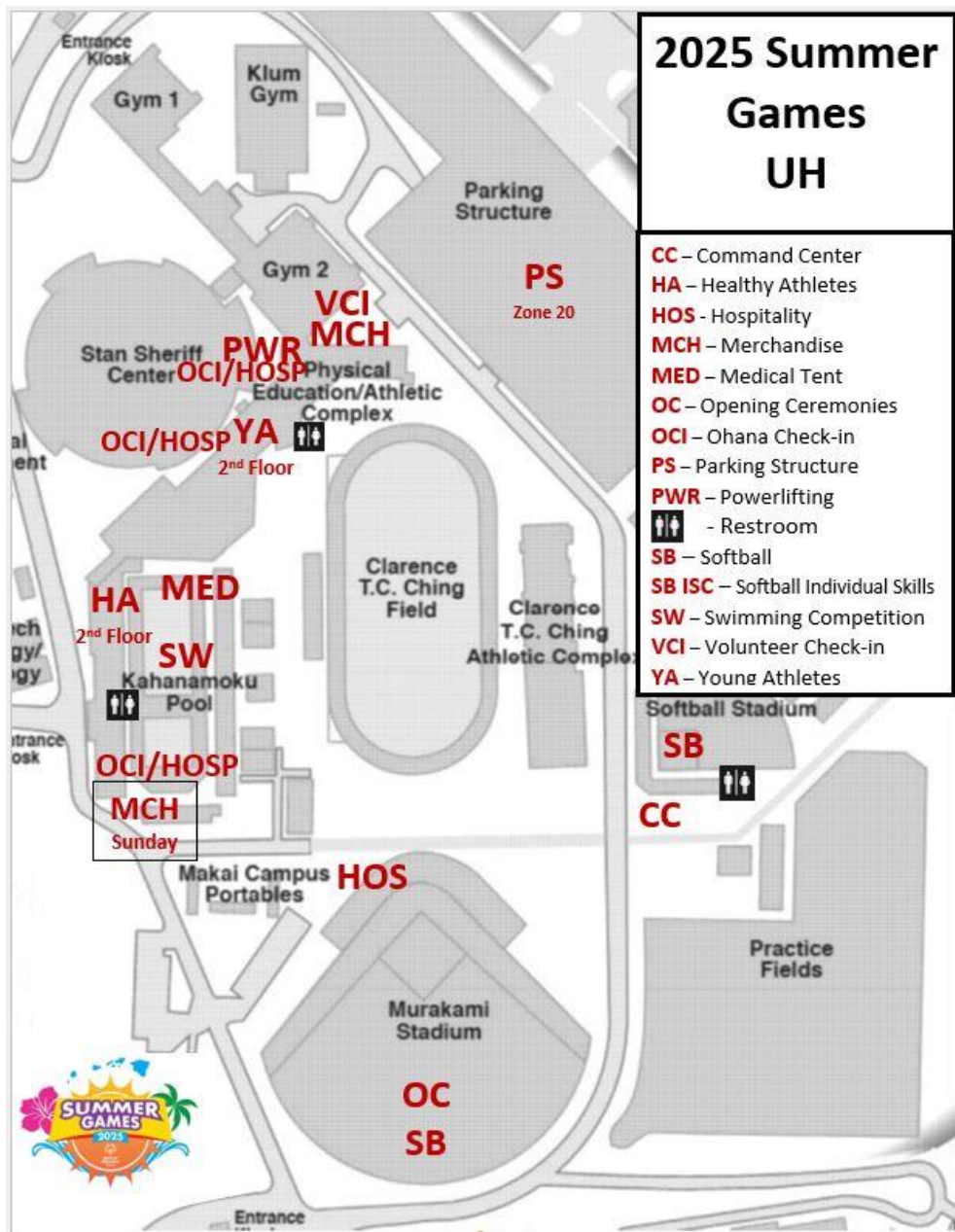
Order of Events

10 M Manual Wheelchair Race
15 M Walk
25 M Assisted Walk
25 M Motorized Wheelchair Obstacle Course
25 M Walk
30 M Motorized Wheelchair Slalom
30 M Manual Wheelchair Slalom
50 M Run

NOTES:

1. All Level III athletes must report to the Level III staging tent. They will remain in this tent throughout the event.
2. Athletes using wheelchairs will use 2 lanes.
3. All athletes will receive awards immediately **after all field events are completed**, then **after all track events are completed**. They will be escorted from the finish line or throwing station back to the staging tent and then to the awards tent.
4. Wheelchair and Developmental Athletes will not be in the same heats for track or throwing events.
5. If an athlete is in a Level III (Developmental) Race/Walk and a throwing event, they must compete at the Level III Throwing event competition area on Cougar Field. They can compete in the Level 2 Standing Long Jump held on Sunday, if registered for the event.
6. Lunch will be distributed at the Athlete/Coach Hospitality and Lunch Distribution tent in the breezeway between the stadium and the gymnasium on Saturday from approx. 11:30 am – 12:30 pm. You must have your ID badges.
7. Coaches and spectators are allowed to enter the field for Level III events and **sit in the Spectator Tent**. If needed, 1 **registered coach**, with a green name tag may sit in the staging tent with their athlete.

UH Campus Map



Kaiser Campus Map



POWERLIFTING

**Saturday, June 7 and Sunday, June 8
Univ. of Hawaii Manoa
Fitness Center (Bottom of Stan Sheriff Center)**

Schedule	<u>Saturday</u> Squat and Bench Press	<u>Sunday</u> Deadlift
Check-in	9:00 am	8:00 am
Coaches Meeting	9:35 am	8:20 am
Competition begins	10:00 am	8:45 am

Awards for the Squat and Bench Press events will be given on Saturday after competition. Awards for the Dead lift, Combo 2, and Combo 3 events will be given on Sunday after competition.

POWERLIFTING NOTES:

1. **Weigh-in: All Oahu Powerlifting athletes must report to the UH Fitness Center on Friday, June 6 anytime from 2:00 pm – 4:30 pm for weigh-in. Neighbor Island Powerlifters will report to the Fitness Center upon arrival at UH.**
2. All athletes must check-in at the UH Fitness Center by the listed check-in times on the day that they are competing. If athletes missed the Friday weigh-in with a pre-approved reason, they will immediately be weighed-in on Saturday morning.
3. Coaches must state the weight of their athletes opening lifts for all of the events they are entered in at weigh-in. Athletes and Coaches must present all lifting equipment (belts, wraps, suits) they will be using for inspection by the officials.
4. Coaches have up until five minutes prior to the start of competition to change opening lifts.
5. Weight classes and/or males/females may be combined in heats. The Wilks formula will be used to determine places.
6. Lunches for Powerlifting athletes and coaches will be boxed and delivered to the competition venue.

WARM-UP:

Athletes may warm-up in areas designated by the Head Official in the Fitness Center.

SWIMMING

Saturday, June 7 & Sunday, June 8
Duke Kahanamoku Aquatics Complex- UH Manoa

Schedule	Saturday	Sunday
Warm-up	8:45 am	7:45 am
Coaches Meeting	9:15 am	8:15 am
Competition begins	9:45 am	8:30 am

Events 1-8 will be conducted as Finals on Saturday, regardless of division size. Events 9-47 with three or fewer swimmers/ teams will be conducted as finals on Saturday. All times in Saturday's trial races will be used to establish divisions for Finals on Sunday. Athletes will receive awards immediately after the finals.

Saturday, June 7 - Event Schedule		
Event	Event Number	
	Female	Male
15 yd Flotation Race	1 - Finals	2 – Finals
15 yd Backstroke Assisted	3 - Finals	4 – Finals
15 yd Freestyle Assisted	5 - Finals	6 - Finals
15 yd Freestyle Unassisted	7 - Finals	8 - Finals
50 yd Freestyle	9 – Trials	10 - Trials
200 yd Backstroke	11 - Finals	12 – Finals
25 yd Butterfly	13 - Finals	14 - Finals
100 yd Breaststroke	15 – Finals	16 - Finals
100 yd Medley Relay (4 x 25)	17 - Trials	
100 yd Backstroke	19 - Trials	20 - Trials
25 yd Freestyle	21 - Trials	22 - Trials
50 yd Butterfly	23 – Finals	24 - Finals
200 yd Breaststroke	25 – No Event	26 - Finals
100 yd Freestyle	27 - Trials	28 - Trials
100 yd Freestyle Relay (4 x 25)	29 - Trials	
100 yd Individual Medley	31 - Trials	32 - Finals
50 yd Backstroke	33 - Trials	34 - Trials
25 yd Breaststroke	35 - Finals	36 – Finals
200 yd Freestyle Relay (4 x 50)	37 - Trials	
200 yd Freestyle	39 - Trails	40 - Finals
25 yd Backstroke	41 - Trials	42 - Trials
100 yd Butterfly	43 - Finals	44 – No Event
50 yd Breaststroke	45- Trials	46 - Trials
200 yd Medley Relay (4 x 50)	47 – Finals	

Sunday, June 8 - Event Schedule

Event Note: All events are Finals	Event #	
	Female	Male
50 yd Freestyle	9	10
100 yd Medley Relay (4 x 25)	17	
100 yd Backstroke	19	20
25 yd Freestyle	21	22
100 yd Freestyle	27	28
100 yd Freestyle Relay (4 x 25)	29	
100 yd Individual Medley	31	NA
50 yd Backstroke	33	34
200 yd Freestyle Relay (4 x 50)	37	
200 yd Freestyle	39	NA
25 yd Backstroke	41	42
50 yd Breaststroke	45	46

SWIMMING NOTES:

Delegations can sit on the pool deck as long as they avoid the flow of athletes moving from staging to pool to awards. Awards will be given within the pool complex area. Athlete Staging will be in the weight room area. The locker rooms will be available.

1. Athletes can swim a maximum of four events, either three individual events and one relay, or two individual events and two relays.
2. Athletes disqualified on Saturday in **Trials** will be heated to swim on Sunday. An athlete disqualified in a Final will receive a participation ribbon.
3. Level III - Developmental events (Events # 1-8) will be held on Saturday only as Finals in the shallow end of the 50y pool.
4. Delegations/Teams will be allowed to sit on the pool deck, but must stay away from the pool and officials/timers areas.
5. Staging for events will be in the Aquatics weight room.
6. Awards will be conducted on the far side of the 50m pool. Awards and events will be conducted at the same time. Events may be paused in order to allow athletes to receive awards prior to their next events.
7. There will be a Coaches Meeting immediately following Saturday's competition for Head Coaches to cover DQ's and any other issues.
8. Swimmers can attend Healthy Athletes on Saturday from 8:30am-4:00 pm located in the classrooms on the first floor and 2nd floor outside the pool. Healthy Athletes disciplines at UH: Healthy Hearing, and Opening Eyes.
9. Lunches for swimming athletes and coaches will be boxed and delivered to the competition venue.

SOFTBALL

Friday, June 6

Sand Island and University of Hawaii

<u>Field</u>	<u>Les Murakami @ UH</u>	<u>Rainbow Wahine @ UH</u>	<u>Sand Island #1</u>	<u>Sand Island #2</u>	<u>Sand Island #3</u>
<u>Division</u>	<u>Unified</u>	<u>Coach Pitch Div "A"</u>	<u>Coach Pitch Div "B"</u>	<u>Individual Skills</u>	<u>Tee-Ball</u>
<u>9:00am</u>	<u>Game 1</u> Diamond Kings Vs. Pirates	<u>Game 1</u> Honoka'a Hawks Vs. Term-Bows	<u>Game 1</u> Red Waves Vs. Mighty Ducks	<u>Individual Skills Competition</u>	<u>Game 1</u> Power Ducks Vs. Hurricanes
<u>10:30am</u>	<u>Game 2</u> Pirates Vs. Explosions	<u>Game 2</u> Term-Bows Vs. West Hawaii Eagles	<u>Game 2</u> Mighty Ducks Vs. Kauai Storm		<u>Game 2</u> Hurricanes Vs. Term-Bows
<u>12:00pm</u>	<u>Game 3</u> Explosions Vs. Diamond Kings	<u>Game 3</u> West Hawaii Eagles Vs. Honoka'a Hawks	<u>Game 3</u> Kauai Storm Vs. Red Waves		<u>Game 3</u> Term-Bows Vs. Power Ducks
<u>2:00 pm</u>		<u>Game 4</u> Second Seed Vs. Third Seed	<u>Game 4</u> Second Seed Vs. Third Seed		

Saturday, June 7

University of Hawai'i

<u>Field</u>	<u>Les Murakami @ UH</u>	<u>Rainbow Wahine @ UH</u>
<u>Division</u>	<u>Unified</u>	<u>Coach Pitch A and B</u>
<u>5:00pm</u>	<u>Game 4</u> 2 nd seed vs. 3 rd seed (Bronze Medal Awarded)	<u>Coach Pitch B Gold Medal Game</u> W 4 vs 1 st seed
<u>6:45pm</u>	<u>Gold Medal Game</u> W 4 vs 1 st seed	<u>Coach Pitch A Gold Medal Game</u> W 4 vs 1 st seed

SOFTBALL TEAM COMPETITION:

1. Teams will be playing at the University of Hawaii or Sand Island Softball Complex depending on the division to which they are assigned. Teams will play all of their games at the same location on Friday, June 6th. Further information is available in the Softball Coaches Info Packet.
2. Finals for the Unified Softball Division will be played Saturday night at Les Murakami Stadium; second and third seed teams will play at 5:00, and the Gold Medal game at 6:45. Finals for the Coach Pitch "A" and "B" Divisions will be played Saturday night at Rainbow Wahine Softball Stadium (WSS). Division "B" at 5:00pm, followed by Division "A" at 6:45pm
3. Prior to the tournament all teams should have received the Softball Coaches Information Packet containing their schedule, division, playing location, tournament format, brackets, and other important info. If not, contact your Head of Delegation or Area Director.
4. Lunches will be delivered to the competition venue and will be available for softball coaches and players only. Please plan your lunch around your playing schedule. Dinner on Friday will be available to participants at Les Murakami Stadium, prior to Opening Ceremonies on Friday night.

SOFTBALL INDIVIDUAL SKILLS COMPETITION – Friday, June 6

Schedule and Notes:

1. Athlete Check-in at 8:30 am at Sand Island Softball Complex, Field #2
2. Competition will start at 9:00 am.
3. Multiple stations will be run at the same time. All athletes will go through all 4 stations.
4. Awards will follow the competition.
5. Lunch will be provided after the Awards.

SPECIAL EVENTS AND ACTIVITIES

OPENING CEREMONIES: Friday, June 6

Opening Ceremonies will be held at Les Murakami Stadium, and will include the Parade of Athletes, entertainment, special guests, and the entrance of the Law Enforcement Torch Run. The Ceremonies will be followed by a short concert by Blessed Rhythm.

Note: No food or drinks (except water) are allowed on the baseball field. High heeled shoes may not be worn on the turf.

Staging: Staging of athletes will begin at 6:15 pm on the walkway in front of Les Murakami Stadium. Please report to staging no later than 6:45 pm.

Special Olympics Oath: All athletes should learn the oath and recite it during Opening Ceremonies:

**“Let me win. But if I cannot win,
Let me be brave in the attempt!”**

VICTORY DANCE

Athletes, partners, and chaperones are invited to attend the annual Victory Dance on Saturday Night. The Victory Dance will be held in the UH Dance Studio on the 2nd floor of the athletic facility. A local DJ will play dance music from 7:00pm-9:30pm. Snacks and water will be provided by one of our presenting sponsors.

CLOSING CEREMONIES:

Each competition venue is invited to hold their own closing ceremonies, culminating in the Friendship Circle, and singing of Hawaii Aloha.

VOLUNTEER, FAMILY & ATHLETE/COACH HOSPITALITY AREAS:

At UH: Hospitality and meals will be available at Les Murakami Stadium. Power Lifting will be delivered to the competition venue.

At Kaiser High School: Hospitality and meals will be provided in the breezeway between the track stadium and the gymnasium. Additional shaded seating will be provided in this area as well.

All of these hospitality areas will serve snacks and drinks from approx. 8:30 am – 11:00 am. Lunches will be served from approx. 11:30 am – 1:30 pm. Snack items will be served again after lunch. Please only utilize your designated hospitality area.

Volunteer hospitality will be available to those with event T-shirts and Summer Games volunteer nametags.

Athlete/Coach/Chaperone hospitality is available to anyone with a Summer Games ID badge identifying them as such.

Ohana hospitality is available to anyone wearing an Ohana nametag on Saturday and Sunday.

OHANA:

Family members can register with our Ohana Task Force and receive their free gift and Ohana nametag at the Ohana table at each event location at UH and in

the breezeway at Kaiser on Saturday, June 7 from 9:00am until 2:00pm, and Sunday, June 8 from 10:00am-11:00am. Family members must have a nametag to receive lunch.

YOUNG ATHLETES:

Young Athletes will be held at the UH Dance Studio on Saturday, June 7 from 9:30 am – 11:00 am. Young Athletes is an inclusionary program for 2 through 7-year-olds focused on developing fundamental motor skills in a playful setting. There is also a Healthy Athletes Dental Screening available.

HEALTHY ATHLETES’ VILLAGE: June 7 ONLY!

When: Saturday, June 7, 2025

Hours: 8:30 am – 4:30 pm (last check-in at 3:30)

Where: UH-Swimming Pool Classrooms, Kaiser- Gymnasium

* The provision of these health services is not intended as a substitute or alternative to regular care. Referral resources will be provided for those found to have urgent needs recommended for follow up.

Discipline:		Location:
Fit Feet: (20 Minutes)	Evaluates movement and structure of ankles, feet, and lower legs	Kaiser Gymnasium
FUNFitness: (45 minutes)	Evaluates flexibility, strength, and balance	Kaiser Gymnasium
Opening Eyes: (15 minutes)	Assesses eyes and provides prescription glasses, sunglasses and sports goggles when indicated	Kaiser Gymnasium/ UH Classroom
Special Smiles: (10 minutes)	Examines teeth and gums and teaches brushing and flossing	Kaiser Gymnasium
Health Promotions: (30 minutes)	To improve and maintain and enhanced level of wellness and self-care.	Kaiser Gymnasium
Healthy Hearing: (20 minutes)	Evaluates ears for hearing loss and ear wax build up	UH Classroom
Strong Minds: (15 Minutes)	Interactive learning activity to develop adaptive coping skills.	Kaiser Gymnasium

Prizes: Complete three of the six areas at Kaiser, or both areas at UH and pick a prize at final checkout.

OLYMPIC TOWN

Olympic Town activities will only be held at the Victory Dance.

FREE SWIM:

Free Swim is scheduled for Friday, June 6th from 2:00 pm – 4:00 pm at the Duke Kahanamoku Swim Complex. A coach/chaperone must accompany their athletes.

PARADE ORDER AND DELEGATIONS

CENTRAL OAHU

GOODWILL OHANA
MAUKA SPORTS CLIB
MILILANI TROJANS
NA ALI'I
PIRATES
TERMINATORS

EAST HAWAII

HILO EXPLOSION
HILO DELEGATION
HONOKA'A HAWKS
IRON WARRIORS
PAHOA P'ONUI
RED WAVES

HONOLULU

DUCKS
HAAHAIONE ELEMENTARY
KAIMUKI BULLDOGS
PO'OKELA
RAINBOWS

KAUAI

KAUAI LANAKILA
KAUAI STORM
TEAM UNIFY
WAILUA IMUA

LEEWARD OAHU

AUGUST AHRENS ELEMENTARY
HONOULIULI MIDDLE SCHOOL
KAI'MILOA ELEMENTARY
LEEWARD JAGUARS
TEAM ARISE
TEAM EWA

MAUI

MAUI DELEGATION

MOLOKAI

MOLOKAI DELEGATION

WEST HAWAII

KONA
WAIKOLOA

WINDWARD OAHU

KAMALII KOA
WINDWARD WARRIORS
WISP

MEAL SCHEDULE

Friday, June 6

Friday Lunch: **Softball Participants:** lunch at fields from 11:30am - 12:30pm

Friday Dinner: **Neighbor Island Delegates:** 4:30pm -6:00pm
UH Cafeteria

Saturday, June 7

Sat. Breakfast: **Neighbor Island Delegates:** 6:30am—8:30am
UH Cafeteria

Sat. Lunch: **All Delegates:** 11:30am – 12:30pm
UH- At competition venue
Kaiser- Breezeway between the Stadium and the Gymnasium

Saturday Dinner: **Neighbor Island Delegates:** 4:30pm-6:30pm
UH Cafeteria
Softball Championship Games: 6:00pm-7:00pm

Sunday, June 8

Sun. Breakfast: **Neighbor Island Delegates:** 6:30am-8:30pm
UH Cafeteria

Sunday Lunch: **All Delegates:** 11:30am-12:30pm
UH- At competition venue
Kaiser- Breezeway between the Stadium and the Gymnasium

Important Notes:

1. Breakfast and dinner are only served to Neighbor Island delegates staying in the dorms. Meals will be served in the UH Cafeteria
2. Lunches for Softball, Swimming, and Powerlifting athletes and coaches will be boxed and delivered to their competition venues.
3. Lunches for Track and Field will be available in the breezeway at Kaiser, between the Stadium and the Gymnasium.
4. Lunches for athletes, coaches, and chaperones are pre-ordered and pre-paid and cannot be substituted with meals from Volunteer or Ohana hospitality.
5. ID Badges must be presented upon entry into hospitality area for each meal, and when picking up box meals. Coaches and chaperones can pick-up meals for athletes if they have their badge.
6. If you lose your badge, please get a replacement as soon as possible. At UH, visit Command Center at Rainbow Wahine Stadium. At Kaiser, visit Volunteer Check In at the top of the parking lot.
7. All hospitality areas will serve snacks and drinks before and after lunches are distributed.

TRANSPORTATION

Friday, June 6

Upon arrival please look for the volunteer in a Special Olympics Security or Event Staff Shirt. They will direct you to your bus. Non Softball delegates will be taken to the University of Hawaii. (See Housing.) Only Softball teams will be transported directly to the fields at which they are playing (UH or Sand Island).

Chaperones and Coaches must identify themselves and their team/delegation to the Transportation Volunteers. The Transportation Volunteers will have signs to identify which buses are going to which location. Please organize your softball teams and delegations for their respective locations as quickly as possible.

Saturday, June 7

Transportation will be provided between UH and Kaiser High School for all registered athletes, partners, coaches, and chaperones who are staying in the dorms. Refer to the transportation handbook for more information. If you have an athlete with special transportation needs please notify your Area Director.

Sunday, June 8

After Closing Ceremonies (Noon – 1:30 pm depending on venue) we will begin boarding all neighbor island programs. Please do not board buses until transportation coordinators direct you to do so. Delegations catching earlier flights will be given priority. Refer to the transportation handbook for your team's bus time. No delegations will be allowed to board buses before the conclusion of Closing Ceremonies. Oahu delegations must provide their own transportation from the University of Hawaii or Kaiser High School.

Luggage:

Please hand carry athlete's medication! Do not put it in their luggage.

There will be limited volunteer help available at the airport and at check-in. Athletes and coaches should carry their luggage on and off the buses, as well as to and from the dorms.

Track athletes WILL NOT BE RETURNING TO UH. All luggage must be taken to Kaiser High School. A designated luggage storage area will be provided. Track athletes will leave from Kaiser to travel back to their home island.

Parking:

All coaches, chaperones, and volunteers should park in the Lower Campus Parking Structure during the day. Vehicles must have pre-arranged parking passes to park overnight in the dorms or in the Parking Structure. Delegations must request overnight passes from their Area Director prior to the Games.

MEDICAL GUIDELINES

As with any event of this nature, it is extremely important that we have specific medical procedures established and that you are familiar with them. **Please read this information carefully so that you are ready for any emergencies.**

1. All Coaches/ Chaperones must have in their possession the Athlete Application (Medical) and Release Forms for each athlete in their charge. In the event of an emergency/injury, the medical form is required and must be presented to the medical personnel for any treatment to be administered. If an athlete in your charge is taking medication, you should also have a Medication Authorization form for that athlete.
2. If you need assistance administering any kind of medications throughout the weekend, please get in touch with the on-site Medical staff as soon as you arrive.
3. Medical Personnel will be required to report all medical problems handled by them. If we learn of any chaperones that do not have the medical forms in their possession, the participation of that delegation will be in jeopardy.

IN CASE OF INJURY OR ILLNESS

1. **For minor injuries**, we encourage you to have your own first aid personnel take care of the problem. If your people are not qualified, make sure that you take advantage of the medical staff on location at each venue.
2. **For injuries that require immediate medical assistance and are non-life threatening**, please locate the medical personnel available at each venue and provide them with your athlete's medical form.
3. At times, when medical emergencies arise and you are not at a competition site and/or there are no medical personnel around, please call the Medical cell phone. The phone number is in the front of your coach's handbook. Please carry it with you at all times.
4. **For life threatening situations**, call 9-1-1 and then call the medical staff on call and a SOHI staff member to inform them of the situation.
5. For each injury/illness, an incident report must be filled out and filed with the medical personnel handling the situation.

EMERGENCY MANAGEMENT/CRISIS PLAN

****Remember...IMMEDIATELY contact the SOHI President/ CEO (Dan Epstein) if a major crisis develops! (Dan can be reached at 808-386-5232)**

Definition of Crisis:

1. Any loss of life for any reason (including natural causes) of any athlete, volunteer, spectator, or staff member.
2. Any accident or injury posing potential loss of life.
3. Any accident involving multiple people (i.e. bus accident).
4. Any major threat of crisis (i.e. fire, weather conditions) that could cause serious harm to person or property.
5. Any charge of sexual misconduct or abuse by anyone, be it volunteer, athlete, spectator, or staff member.

What to do in a Crisis:

1. Whoever takes the message of an emergency should determine whether or not the appropriate authorities have been notified. The first objective should be to prevent further injury and give necessary treatment to the injured.
2. Notify the closest Games staff to dispatch the appropriate staff to emergency site. It is important at this time to gather factorial information...who, what, when, where, why, how. Talk to witnesses. Get names and addresses of witnesses for follow-up.
3. Call Dan Epstein immediately (808) 386-5232. If he is not reachable, contact a staff member. Do not issue any statement to the press without authorization from appropriate SOHI staff.
4. Complete the insurance incident report form as soon as feasible. SOHI staff will notify the insurance company.

Points to remember:

Research indicates that the most damaging aspect of an emergency may be rumor and speculation.

In an emergency or crisis, the Special Olympics Hawaii President/CEO is the only official spokesperson. Any other person who is questioned should refer all questions to Dan Epstein. All volunteers and participants in the event should be aware of this information. Having a single spokesperson is important, as it provides the media and officials with a single, consistent source, and minimizes the possibility of contradictory statements.

If you must answer certain questions, please adhere to the following guidelines: Never lie to the press or officials. Never exaggerate. Never get mad. Never speculate. Stick to the facts. Never say "no comment."

EVENTS SCHEDULE “QUICK REFERENCE”

In Alpha Order...

Event	Friday, June 6	Saturday, June 7	Sunday, June 8
Breakfast		6:30 am - 8:30 am	6:30 am – 8:30 am
Closing Ceremonies			1:00 pm – 1:30 pm Or end of event
Dinner	4:30 pm - 6:00 pm	4:30 pm - 6:30 pm	
Lunch	11:30 am –12:30 pm Lunches for Softball only	11:30 am –12:30 pm	11:30 am –12:30 pm
Healthy Athletes		8:30 am – 4:30 pm	
Opening Ceremonies	Staging: 6:15 pm- 6:45pm Start –7:00 pm Band- 8:00 pm		
Powerlifting		9:00 am – 2:00 pm	8:00 am – 12:00 pm
Softball	8:30 am – 3:00 pm	5:00 pm – 7:30 pm	
Softball Individual Skills	8:30 am –10:30 am		
Swimming	<i>Recreational Swim</i> <i>2:00 pm- 4:00 pm</i>	9:15 am– 4:00 pm	8:15 am – 1:30 pm
Track & Field		9:00 am – 4:00 pm	9:00 am - 1:00 pm
Level III Track & Field - (Wheelchair and Developmental Events)		9:00 am –12:00 pm	
Victory Dance and Dinner		6:00 pm - 9:00 pm	
Young Athletes		9:30 am – 11:00 am	
Note: Event Times are approximate, consult the sport/event page for more details			

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40th Annual First Hawaiian Bank Troy Barboza Law Enforcement Torch Run

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Special Olympics Hawai'i 2025 Summer Games Schedule of Events



<u>Event:</u>	<u>Event Times:</u>	<u>Location:</u>
Friday, June 6		
Softball: Unified T-Ball Coach Pitch	8:30 am - 3:00 pm	UH: Les Murakami Stadium Sand Island Softball Complex (Location depends on division)
Softball Individual Skills	9:00 am – 9:45 am	Sand Island Softball Complex
Open Swim	2:00 pm- 4:00 pm	UH: Aquatic Center
Opening Ceremonies:		
- Delegation staging	6:15 pm – 6:45 pm	UH: Walkway in front of Les Murakami Stadium
- Ceremony	7:00 pm – 9:30 pm	UH: Les Murakami Stadium
Cheer for Champions	6:00 pm – 9:30 pm	UH: Les Murakami Stadium
Saturday, June 7 (All daytime events at University of Hawai'i and Kaiser HS)		
Track & Field	9:00 am – 4:00 pm	Kaiser HS: Cougar Stadium
Level III Track & Field	9:00 am – 12:00 pm	Kaiser HS: Cougar Stadium
Swimming	9:15 am – 4:00 pm	UH: Aquatic Center
Powerlifting	9:00 am – 2:00 pm	UH: Fitness Center
Healthy Athletes	8:30 am – 4:30 pm <small>3:30 is final check in for HA</small>	UH: Aquatic Center Classrooms Kaiser HS: Gym
Young Athletes	9:30 am – 11:00 am	UH: Dance Studio
Saturday, June 7 (All evening events at University of Hawai'i)		
Softball: Coach Pitch A and B Finals	5:00 pm & 6:45 pm	UH: Rainbow Wahine Stadium
Softball: Unified Finals	6:45 pm	UH: Les Murakami Stadium
Victory Dance	7:00 pm- 9:00 pm	UH: Dance Studio
Sunday, June 8		
Track & Field	9:00 am – 1:00 pm	Kaiser HS: Cougar Stadium
Swimming	8:15 am – 1:30 pm	UH: Aquatic Center
Powerlifting	8:45 am – 12:00 pm	UH: Fitness Center
Closing Ceremonies	1:00 pm – 1:30 pm	At all event locations
Note: Event Times are approximate, consult the sport/event page for more details		