



2025 Summer Games
Powerlifting
Results sheet for
PL Female Benchpress
Final



Division: 1	Delegation	Score	Place
Taylor, Julia	Honokaa Hawks	57.60	1st
Division: 2	Delegation	Score	Place
Banks, Alana	Iron Warriors	75.62	1st
Banks, Evanie	Iron Warriors	70.34	2nd
Bostick, Nzinga	Waikoloa	66.70	3rd
Division: 3	Delegation	Score	Place
Higashi, Kayla	Kona	94.92	1st
Mareko, Taioalo	Iron Warriors	86.26	2nd
Whalen, Princess	Kona	58.95	3rd
Alapai, Dorothy	Kona	56.58	4th



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Results sheet for
PL Female Combination (Bench and Deadlift)
Final



Division: 1	Delegation	Score	Place
Taylor, Julia	Honokaa Hawks	147.20	1st
Division: 2	Delegation	Score	Place
Bostick, Nzinga	Waikoloa	183.42	1st
Division: 3	Delegation	Score	Place
Whalen, Princess	Kona	197.91	1st



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PL Female Combination (Bench, Deadlift & Squat)
Final



Division: 1	Delegation	Score	Place
Banks, Alana	Iron Warriors	436.75	1st
Banks, Evanie	Iron Warriors	434.47	2nd
Division: 2	Delegation	Score	Place
Mareko, Taioalo	Iron Warriors	442.59	1st
Higashi, Kayla	Kona	374.52	2nd
Alapai, Dorothy	Kona	283.15	3rd



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PL Female Deadlift
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Division: 1	Delegation	Score	Place
Taylor, Julia	Honokaa Hawks	89.60	1st
Division: 2	Delegation	Score	Place
Banks, Alana	Iron Warriors	250.13	1st
Banks, Evanie	Iron Warriors	178.56	2nd
Bostick, Nzinga	Waikoloa	116.72	3rd
Division: 3	Delegation	Score	Place
Mareko, Taioalo	Iron Warriors	231.33	1st
Higashi, Kayla	Kona	175.60	2nd
Whalen, Princess	Kona	138.96	3rd
Alapai, Dorothy	Kona	130.57	4th



2025 Summer Games
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Results sheet for
PL Female Squat
Final



Division: 1	Delegation	Score	Place
Banks, Alana	Iron Warriors	136.18	1st
Banks, Evanie	Iron Warriors	118.55	2nd
Division: 2	Delegation	Score	Place
Mareko, Taioalo	Iron Warriors	98.94	1st
Higashi, Kayla	Kona	97.98	2nd
Alapai, Dorothy	Kona	85.18	3rd



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Division: 1	Delegation	Score	Place
Barcarse, Blaise	Iron Warriors	-1.00	1st
Division: 2	Delegation	Score	Place
Cassise, Cory	Kona	48.74	1st
Sabri, Dara	Kona	44.86	2nd
Division: 3	Delegation	Score	Place
Lamb, Tyler	Ducks	69.80	1st
Tonda, Henneson	Ducks	42.63	2nd
Restad, Espen	Kona	-2.00	3rd
Guerrero, Shallen	Honokaa Hawks		Part
Division: 4	Delegation	Score	Place
Sims, Bryan	Leeward Jaguars	90.03	1st
Lehano, Shawn	Kona	67.12	2nd
Banks, Josiah	Iron Warriors	52.66	3rd
Palenapa-Likelio, Shayden	Iron Warriors	43.17	4th
Division: 5	Delegation	Score	Place
DeHerrera, John-Joseph	Honokaa Hawks	43.12	1st
Division: 6	Delegation	Score	Place
Rincon, Michael	Honokaa Hawks	69.50	1st
Hee, Maika'i	Ducks	58.41	2nd
Lyons, Jonathan	Ducks	45.05	3rd
Division: 7	Delegation	Score	Place
Wong, Quentin	Kona	91.65	1st
Trim, Zachary	Kona	77.85	2nd
Division: 8	Delegation	Score	Place
Crowell, Joseph	Ducks	35.07	1st
Division: 9	Delegation	Score	Place
Landgraf, Channing	Iron Warriors	63.68	1st
Tibayan, Kendrick	Iron Warriors	60.80	2nd
Clark, James	Iron Warriors	54.94	3rd



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Division: 1	Delegation	Score	Place
Barcarse, Blaise	Iron Warriors	220.33	1st
Division: 2	Delegation	Score	Place
Guerrero, Shallen	Honokaa Hawks	99.49	Part
Division: 3	Delegation	Score	Place
DeHerrera, John-Joseph	Honokaa Hawks	163.59	1st



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Division: 1	Delegation	Score	Place
Cassise, Cory	Kona	174.46	2nd
Sabri, Dara	Kona	175.53	Part
Division: 2	Delegation	Score	Place
Tonda, Henneson	Ducks	293.07	1st
Restad, Espen	Kona	171.56	2nd
Division: 3	Delegation	Score	Place
Sims, Bryan	Leeward Jaguars	465.24	1st
Banks, Josiah	Iron Warriors	367.56	2nd
Palenapa-Likelio, Shayden	Iron Warriors	334.90	3rd
Lehano, Shawn	Kona	219.50	Part
Division: 4	Delegation	Score	Place
Rincon, Michael	Honokaa Hawks	427.65	1st
Hee, Maika'i	Ducks	372.70	2nd
Division: 5	Delegation	Score	Place
Wong, Quentin	Kona	594.63	1st
Trim, Zachary	Kona	546.87	2nd
Division: 6	Delegation	Score	Place
Tibayan, Kendrick	Iron Warriors	427.75	1st
Clark, James	Iron Warriors	398.18	2nd
Landgraf, Channing	Iron Warriors		DQ-FOR



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Division: 1	Delegation	Score	Place
Barcarse, Blaise	Iron Warriors	160.24	1st
Division: 2	Delegation	Score	Place
Cassise, Cory	Kona	131.54	1st
Sabri, Dara	Kona	121.20	2nd
Division: 3	Delegation	Score	Place
Tonda, Henneson	Ducks	161.39	1st
Guerrero, Shallen	Honokaa Hawks	99.49	2nd
Restad, Espen	Kona	69.21	3rd
Division: 4	Delegation	Score	Place
Sims, Bryan	Leeward Jaguars	192.65	1st
Banks, Josiah	Iron Warriors	191.35	2nd
Palenapa-Likelio, Shayden	Iron Warriors	178.11	3rd
Lehano, Shawn	Kona	130.93	4th
Division: 5	Delegation	Score	Place
DeHerrera, John-Joseph	Honokaa Hawks	103.13	1st
Division: 6	Delegation	Score	Place
Rincon, Michael	Honokaa Hawks	197.70	1st
Hee, Maika'i	Ducks	156.77	2nd
Division: 7	Delegation	Score	Place
Wong, Quentin	Kona	248.42	1st
Trim, Zachary	Kona	234.15	2nd
Division: 8	Delegation	Score	Place
Clark, James	Iron Warriors	194.97	1st
Tibayan, Kendrick	Iron Warriors	167.42	2nd
Landgraf, Channing	Iron Warriors		DQ-FOR



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PL Male Squat
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Division: 1	Delegation	Score	Place
Cassise, Cory	Kona	105.44	1st
Sabri, Dara	Kona		Part
Division: 2	Delegation	Score	Place
Tonda, Henneson	Ducks	73.36	1st
Restad, Espen	Kona	54.64	2nd
Division: 3	Delegation	Score	Place
Sims, Bryan	Leeward Jaguars	149.03	1st
Banks, Josiah	Iron Warriors	104.70	2nd
Palenapa-Likelio, Shayden	Iron Warriors	94.51	3rd
Lehano, Shawn	Kona		Part
Division: 4	Delegation	Score	Place
Hee, Maika'i	Ducks	125.42	1st
Rincon, Michael	Honokaa Hawks	123.15	2nd
Division: 5	Delegation	Score	Place
Wong, Quentin	Kona	199.35	1st
Trim, Zachary	Kona	185.50	2nd
Division: 6	Delegation	Score	Place
Clark, James	Iron Warriors	146.24	1st
Tibayan, Kendrick	Iron Warriors	113.49	2nd
Landgraf, Channing	Iron Warriors		DQ-FOR