

## 2020 Aukake Fitness Classic

## Fitness

Results sheet for  
FI Fitness Jumping Jacks

## Final

09/17/2020 11:09

Bib#	Name	Gender	Age	Score	
<b>Division: 01</b> <span style="float: right;"><b>Status :-</b></span>					
0	Edwards, Cobi	HON.Na Alii	M	11	31.00 points <b>1st</b>
0	Akau, Hayden	WIN.Windward Warriors	F	12	29.00 points <b>2nd</b>
0	Frattarelli, Brandon	WIN.Windward Warriors	M	15	26.00 points <b>3rd</b>
<b>Division: 02A</b> <span style="float: right;"><b>Status :-</b></span>					
0	Shanahan, Michelle	CEN.Terminators	F	35	22.00 points <b>1st</b>
0	Lee, Virginia	WHA.Kona	F	35	9.00 points <b>2nd</b>
<b>Division: 02</b> <span style="float: right;"><b>Status :-</b></span>					
0	Arakaki, Jensen	CEN.Terminators	M	36	12.00 points <b>1st</b>
<b>Division: 03</b> <span style="float: right;"><b>Status :-</b></span>					
0	Momohara, Kenji	CEN.Terminators	M	24	32.00 points <b>1st</b>
0	Pang, Bryant	CEN.Terminators	M	32	23.00 points <b>2nd</b>
0	Ho, Kristina	WIN.Windward Warriors	F	27	22.00 points <b>3rd</b>
<b>Division: 04</b> <span style="float: right;"><b>Status :-</b></span>					
0	Spieth, Kayla	CEN.Terminators	F	30	31.00 points <b>1st</b>
0	Mitts, Michael	EHA.Honokaa Hawks	M	37	29.00 points <b>2nd</b>
0	Playter, Courtney	CEN.Terminators	F	26	15.00 points <b>3rd</b>
<b>Division: 05</b> <span style="float: right;"><b>Status :-</b></span>					
0	Duncan, SolRay	CEN.Terminators	M	42	29.00 points <b>1st</b>
0	Guerrero, Shallen	EHA.Honokaa Hawks	M	30	29.00 points <b>1st</b>
0	Sakamoto, Matthew	HON.Na Alii	M	21	25.00 points <b>3rd</b>
<b>Division: 06</b> <span style="float: right;"><b>Status :-</b></span>					
0	Ho, Ryan	CEN.Terminators	M	31	31.00 points <b>1st</b>
0	Ishiki, Kurt	HON.Na Alii	M	25	30.00 points <b>2nd</b>
0	Romero, Rell	CEN.Terminators	F	29	30.00 points <b>2nd</b>
0	DeLuz, Isaiah	EHA.Honokaa Hawks	M	28	29.00 points <b>4th</b>
<b>Division: 07</b> <span style="float: right;"><b>Status :-</b></span>					
0	Kelley, Nicole	CEN.Terminators	F	44	34.00 points <b>1st</b>
0	Whitaker, Robert	CEN.Terminators	M	21	29.00 points <b>2nd</b>
0	Rice, Michael	WIN.Windward Warriors	M	28	37.00 points <b>3rd</b>
0	Trim, Zachary	WHA.Kona	M	26	35.00 points <b>4th</b>

## 2020 Aukake Fitness Classic

## Fitness

Results sheet for  
FI Fitness Jumping Jacks

## Final

09/17/2020 11:09

Bib#	Name		Gender	Age	Score	
<b>Division: 08</b>			<b>Status :-</b>			
0	<b>Balaz, Ho'opi'ookalani</b>	CEN.Terminators	M	25	40.00 points	<b>1st</b>
0	<b>Ishiki, Seth</b>	HON.Na Alii	M	25	38.00 points	<b>2nd</b>
0	<b>Acosta, Gilbert</b>	EHA.Honokaa Hawks	M	29	36.00 points	<b>3rd</b>
0	<b>Leong, Keola</b>	WIN.Windward Warriors	M	18	35.00 points	<b>4th</b>
<b>Division: 09A</b>			<b>Status :-</b>			
0	<b>Epperson, Matthew</b>	Molokai Area	M	35	35.00 points	<b>1st</b>
<b>Division: 09</b>			<b>Status :-</b>			
0	<b>Cadiam, Kyson</b>	CEN.Terminators	M	27	43.00 points	<b>1st</b>
0	<b>Muller III, Phillip</b>	HON.Na Alii	M	18	41.00 points	<b>2nd</b>
0	<b>Bautista, Britney</b>	MAU.Maui	F	18	37.00 points	<b>3rd</b>
<b>Division: 10</b>			<b>Status :-</b>			
0	<b>Wong, Quentin</b>	WHA.Kona	M	28	39.00 points	<b>1st</b>
0	<b>Katayama, Robert</b>	HON.Na Alii	M	20	37.00 points	<b>2nd</b>
0	<b>Alford, Kaia</b>	WIN.Windward Warriors	F	16	36.00 points	<b>3rd</b>
0	<b>Wong, Isaiah</b>	WHA.Kona	M	28	34.00 points	<b>4th</b>

2020 Aukake Fitness Classic  
**Fitness**  
**Results sheet for**  
**FI Fitness Modified Assisted Squat**  
**Final**

09/17/2020 11:09

<b>Bib#</b>	<b>Name</b>		<b>Gender</b>	<b>Age</b>	<b>Score</b>	
<b>Division: 1</b>						<b>Status :-</b>
0	<b>Arakaki, Jensen</b>	CEN.Terminators	M	36	16.00 points	<b>1st</b>
0	<b>Takayama, Lindsey</b>	CEN.Terminators	F	15	1.00 points	<b>2nd</b>
<b>Division: 2</b>						<b>Status :-</b>
0	<b>Burke, Brian</b>	CEN.Terminators	M	40	12.00 points	<b>1st</b>
0	<b>Shanahan, Michelle</b>	CEN.Terminators	F	35	11.00 points	<b>2nd</b>

2020 Aukake Fitness Classic  
**Fitness**  
**Results sheet for**  
**FI Fitness Modified Jumping Jacks**

**Final**

09/17/2020 11:09

<b>Bib#</b>	<b>Name</b>		<b>Gender</b>	<b>Age</b>	<b>Score</b>	
<b>Division: 1A</b>						<b>Status :-</b>
0	<b>Murakami, Ka'umelani</b>	MAU.Maui	F	28	18.00 points	<b>1st</b>
0	<b>Burke, Brian</b>	CEN.Terminators	M	40	14.00 points	<b>2nd</b>
0	<b>Lomeli, Stephanie</b>	MAU.Maui	F	35	2.00 points	<b>3rd</b>
<b>Division: 1</b>						<b>Status :-</b>
0	<b>Takayama, Lindsey</b>	CEN.Terminators	F	15	4.00 points	<b>1st</b>
<b>Division: 2A</b>						<b>Status :-</b>
0	<b>Manfredi, Renee</b>	CEN.Terminators	F	34	33.00 points	<b>1st</b>
<b>Division: 2</b>						<b>Status :-</b>
0	<b>Elizares, Cynthia</b>	EHA.Honokaa Hawks	F	30	19.00 points	<b>1st</b>

## 2020 Aukake Fitness Classic

## Fitness

## Results sheet for

## FI Fitness Modified Pushup

## Final

09/17/2020 11:09

Bib#	Name	Gender	Age	Score	
<b>Division: 1</b> <span style="float: right;"><b>Status :-</b></span>					
0	Takayama, Lindsey	CEN.Terminators	F	15	5.00 points <b>1st</b>
0	Romero, Rell	CEN.Terminators	F	29	<b>2nd</b>
<b>Division: 2</b> <span style="float: right;"><b>Status :-</b></span>					
0	Guerrero, Shallen	EHA.Honokaa Hawks	M	30	11.00 points <b>1st</b>
0	Akau, Hayden	WIN.Windward Warriors	F	12	10.00 points <b>2nd</b>
0	Murakami, Ka'umelani	MAU.Maui	F	28	7.00 points <b>3rd</b>
0	Lomeli, Stephanie	MAU.Maui	F	35	1.00 points <b>4th</b>
<b>Division: 3</b> <span style="float: right;"><b>Status :-</b></span>					
0	Ho, Kristina	WIN.Windward Warriors	F	27	11.00 points <b>1st</b>
0	Shanahan, Michelle	CEN.Terminators	F	35	10.00 points <b>2nd</b>
0	Spieth, Kayla	CEN.Terminators	F	30	9.00 points <b>3rd</b>
<b>Division: 4</b> <span style="float: right;"><b>Status :-</b></span>					
0	Balaz, Ho'opi'ookalani	CEN.Terminators	M	25	19.00 points <b>1st</b>
0	Bautista, Britney	MAU.Maui	F	18	11.00 points <b>2nd</b>
0	Whitaker, Robert	CEN.Terminators	M	21	10.00 points <b>3rd</b>
0	Playter, Courtney	CEN.Terminators	F	26	5.00 points <b>4th</b>
<b>Division: 5A</b> <span style="float: right;"><b>Status :-</b></span>					
0	Elizares, Cynthia	EHA.Honokaa Hawks	F	30	7.00 points <b>1st</b>
<b>Division: 5</b> <span style="float: right;"><b>Status :-</b></span>					
0	Manfredi, Renee	CEN.Terminators	F	34	19.00 points <b>1st</b>
0	Alford, Kaia	WIN.Windward Warriors	F	16	17.00 points <b>2nd</b>
0	Leong, Keola	WIN.Windward Warriors	M	18	14.00 points <b>3rd</b>
<b>Division: 6A</b> <span style="float: right;"><b>Status :-</b></span>					
0	Pang, Bryant	CEN.Terminators	M	32	27.00 points <b>1st</b>
<b>Division: 6</b> <span style="float: right;"><b>Status :-</b></span>					
0	Kelley, Nicole	CEN.Terminators	F	44	25.00 points <b>1st</b>
0	Frattarelli, Brandon	WIN.Windward Warriors	M	15	20.00 points <b>2nd</b>
0	Lee, Virginia	WHA.Kona	F	35	6.00 points <b>3rd</b>
<b>Division: 7</b> <span style="float: right;"><b>Status :-</b></span>					
0	Trim, Zachary	WHA.Kona	M	26	24.00 points <b>1st</b>

## 2020 Aukake Fitness Classic

**Fitness****Results sheet for****FI Fitness Modified Squat****Final**

09/17/2020 11:09

<b>Bib#</b>	<b>Name</b>	<b>Gender</b>	<b>Age</b>	<b>Score</b>	<b>Status :-</b>
<b>Division: 1</b>					
0	<b>Murakami, Ka'umelani</b>	MAU.Maui	F	28	10.00 points <b>1st</b>
0	<b>Ho, Ryan</b>	CEN.Terminators	M	31	9.00 points <b>2nd</b>
0	<b>Lomeli, Stephanie</b>	MAU.Maui	F	35	6.00 points <b>3rd</b>
<b>Division: 2</b>					
0	<b>Akau, Hayden</b>	WIN.Windward Warriors	F	12	28.00 points <b>1st</b>
0	<b>Leong, Keola</b>	WIN.Windward Warriors	M	18	19.00 points <b>2nd</b>
0	<b>Romero, Rell</b>	CEN.Terminators	F	29	16.00 points <b>3rd</b>
0	<b>Elizares, Cynthia</b>	EHA.Honokaa Hawks	F	30	14.00 points <b>4th</b>
<b>Division: 3A</b>					
0	<b>Alford, Kaia</b>	WIN.Windward Warriors	F	16	36.00 points <b>1st</b>
<b>Division: 3</b>					
0	<b>Frattarelli, Brandon</b>	WIN.Windward Warriors	M	15	20.00 points <b>1st</b>
0	<b>Duncan, SolRay</b>	CEN.Terminators	M	42	18.00 points <b>2nd</b>
0	<b>Ho, Kristina</b>	WIN.Windward Warriors	F	27	9.00 points <b>3rd</b>

## 2020 Aukake Fitness Classic

## Fitness

## Results sheet for

## FI Fitness Pushup

## Final

09/17/2020 11:09

Bib#	Name	Gender	Age	Score	
<b>Division: 1</b>					
<b>Status :-</b>					
0	Epperson, Matthew		Molokai Area	M 35	20.00 points <b>1st</b>
0	Muller III, Phillip		HON.Na Alii	M 18	20.00 points <b>1st</b>
0	Ishiki, Kurt		HON.Na Alii	M 25	15.00 points <b>3rd</b>
<b>Division: 2</b>					
<b>Status :-</b>					
0	Ishiki, Seth		HON.Na Alii	M 25	23.00 points <b>1st</b>
0	Sakamoto, Matthew		HON.Na Alii	M 21	19.00 points <b>2nd</b>
0	Edwards, Cobi		HON.Na Alii	M 11	16.00 points <b>3rd</b>
<b>Division: 3</b>					
<b>Status :-</b>					
0	Wong, Isaiah		WHA.Kona	M 28	35.00 points <b>1st</b>
0	Momohara, Kenji		CEN.Terminators	M 24	26.00 points <b>2nd</b>
0	Acosta, Gilbert		EHA.Honokaa Hawks	M 29	9.00 points <b>3rd</b>
<b>Division: 4A</b>					
<b>Status :-</b>					
0	Trim, Zachary		WHA.Kona	M 26	
<b>Division: 4</b>					
<b>Status :-</b>					
0	Cdiam, Kyson		CEN.Terminators	M 27	33.00 points
0	Rice, Michael		WIN.Windward Warriors	M 28	19.00 points
<b>Division: 5</b>					
<b>Status :-</b>					
0	Wong, Quentin		WHA.Kona	M 28	34.00 points <b>1st</b>
0	Katayama, Robert		HON.Na Alii	M 20	31.00 points <b>2nd</b>
0	DeLuz, Isaiah		EHA.Honokaa Hawks	M 28	29.00 points <b>3rd</b>
0	Mitts, Michael		EHA.Honokaa Hawks	M 37	29.00 points <b>3rd</b>

## 2020 Aukake Fitness Classic

## Fitness

## Results sheet for

## FI Fitness Squat

## Final

09/17/2020 11:09

Bib#	Name	Gender	Age	Score	Status :-	
<b>Division: 1</b>						
0	Guerrero, Shallen	EHA.Honokaa Hawks	M	30	15.00 points	1st
0	Rice, Michael	WIN.Windward Warriors	M	28	15.00 points	1st
0	Lee, Virginia	WHA.Kona	F	35	7.00 points	3rd
<b>Division: 2</b>						
0	Balaz, Ho'opi'ookalani	CEN.Terminators	M	25	16.00 points	1st
0	Bautista, Britney	MAU.Maui	F	18	12.00 points	2nd
0	Playter, Courtney	CEN.Terminators	F	26	8.00 points	3rd
<b>Division: 3</b>						
0	Kelley, Nicole	CEN.Terminators	F	44	26.00 points	1st
0	Muller III, Phillip	HON.Na Alii	M	18	22.00 points	2nd
0	Ishiki, Seth	HON.Na Alii	M	25	17.00 points	3rd
0	Acosta, Gilbert	EHA.Honokaa Hawks	M	29	16.00 points	4th
<b>Division: 4</b>						
0	Cadlam, Kyson	CEN.Terminators	M	27	29.00 points	1st
0	Momohara, Kenji	CEN.Terminators	M	24	23.00 points	2nd
0	Ishiki, Kurt	HON.Na Alii	M	25	14.00 points	3rd
0	Spieth, Kayla	CEN.Terminators	F	30	14.00 points	3rd
<b>Division: 5</b>						
0	DeLuz, Isaiah	EHA.Honokaa Hawks	M	28	20.00 points	1st
0	Edwards, Cobi	HON.Na Alii	M	11	17.00 points	2nd
0	Whitaker, Robert	CEN.Terminators	M	21	17.00 points	2nd
0	Epperson, Matthew	Molokai Area	M	35	12.00 points	4th
<b>Division: 6</b>						
0	Katayama, Robert	HON.Na Alii	M	20	30.00 points	1st
0	Mitts, Michael	EHA.Honokaa Hawks	M	37	22.00 points	2nd
0	Pang, Bryant	CEN.Terminators	M	32	22.00 points	2nd
0	Trim, Zachary	WHA.Kona	M	26	20.00 points	4th
<b>Division: 7</b>						
0	Wong, Quentin	WHA.Kona	M	28	35.00 points	1st
0	Wong, Isaiah	WHA.Kona	M	28	30.00 points	2nd
0	Sakamoto, Matthew	HON.Na Alii	M	21	19.00 points	3rd



2020 Aukake Fitness Classic  
**Fitness**  
**Results sheet for**  
**FI Fitness Unified Jumping Jacks**  
**Final**

09/17/2020 11:09

<b>Bib#</b>	<b>Name</b>	<b>Gender</b>	<b>Age</b>	<b>Score</b>	
<b>Division: 1A</b>		<b>Status :-</b>			
0	<b>Braman, David</b>	KAU.Chiefess	Kamakahaiei M	12 81.00 points	<b>1st</b>
0	<b>Gantt-Yangco, Kaylynn</b>	KAU.Chiefess	Kamakahaiei F	15 81.00 points	<b>1st</b>
<b>Division: 1</b>		<b>Status :-</b>			
0	<b>Goiias-Abrigo, Kasen</b>	KAU.Chiefess	Kamakahaiei M	13 91.00 points	<b>1st</b>
0	<b>Yago, Kaidyn</b>	KAU.Chiefess	Kamakahaiei M	14 91.00 points	<b>1st</b>

2020 Aukake Fitness Classic  
**Fitness**  
**Results sheet for**  
**FI Fitness Unified Modified Pushup**  
**Final**

09/17/2020 11:09

<b>Bib#</b>	<b>Name</b>	<b>Gender</b>	<b>Age</b>	<b>Score</b>	<b>Status :-</b>
<b>Division: 1</b>					
0	<b>Braman, David</b>	KAU.Chiefess Kamakahaiei	M 12	34.00 points	<b>1st</b>
0	<b>Gantt-Yangco, Kaylynn</b>	KAU.Chiefess Kamakahaiei	F 15	34.00 points	<b>1st</b>
0	<b>Goias-Abrigo, Kasen</b>	KAU.Chiefess Kamakahaiei	M 13	32.00 points	<b>2nd</b>
0	<b>Yago, Kaidyn</b>	KAU.Chiefess Kamakahaiei	M 14	32.00 points	<b>2nd</b>

2020 Aukake Fitness Classic  
**Fitness**  
**Results sheet for**  
**FI Fitness Unified Modified Squat**  
**Final**

09/17/2020 11:09

<b>Bib#</b>	<b>Name</b>	<b>Gender</b>	<b>Age</b>	<b>Score</b>
<b>Division: 1A</b>				<b>Status :-</b>
0	<b>Goias-Abrigo, Kasen</b>	KAU.Chiefess Kamakahahei	M 13	
0	<b>Yago, Kaidyn</b>	KAU.Chiefess Kamakahahei	M 14	
<b>Division: 1</b>				<b>Status :-</b>
0	<b>Braman, David</b>	KAU.Chiefess Kamakahahei	M 12	
0	<b>Gantt-Yangco, Kaylynn</b>	KAU.Chiefess Kamakahahei	F 15	

2020 Aukake Fitness Classic  
**Fitness**  
**Results sheet for**  
**FI Fitness Wheelchair Air Punch**  
**Final**

09/17/2020 11:09

<b>Bib#</b>	<b>Name</b>	<b>Gender</b>	<b>Age</b>	<b>Score</b>	<b>Status :-</b>
<b>Division: 1A</b>					
0	<b>Whiteside, Sierra</b>	WHA.Kona	F	25 47.00 points	<b>1st</b>
<b>Division: 1</b>					
0	<b>Royos, Jenesis</b>	WIN.Windward Warriors	F	16 44.00 points	<b>1st</b>
0	<b>Burke, Brian</b>	CEN.Terminators	M	40 17.00 points	<b>2nd</b>
0	<b>Takahashi, Yuu</b>	WHA.Kona	M	21 16.00 points	<b>3rd</b>

2020 Aukake Fitness Classic  
**Fitness**  
**Results sheet for**  
**FI Fitness Wheelchair Shoulder Press**  
**Final**

09/17/2020 11:09

<b>Bib#</b>	<b>Name</b>		<b>Gender</b>	<b>Age</b>	<b>Score</b>		
<b>Division: 1A</b>							<b>Status :-</b>
0	<b>Whiteside, Sierra</b>	WHA.Kona	F	25	48.00 points	<b>1st</b>	
<b>Division: 1</b>							<b>Status :-</b>
0	<b>Arakaki, Jensen</b>	CEN.Terminators	M	36	17.00 points	<b>1st</b>	
0	<b>Royos, Jenesis</b>	WIN.Windward Warriors	F	16	16.00 points	<b>2nd</b>	
0	<b>Takahashi, Yuu</b>	WHA.Kona	M	21		<b>3rd</b>	